

UpRiver Kayactivity 2011 – Booking Form

Any Questions? Contact Eoin @ 087 921 9700



Kayactivity Camps

....are taught in a safe, controlled environment. Experienced instructors use games, group activities, raft building and river exploration to help increase water safety, confidence and awareness. New friendships are easily struck up in our small groups on the river as instructors also teach about rivers, our local environment and geographical history. Places are extremely limited due to our ratios so early booking is advisable with many students returning year after year.

Always Active

Each participant has their own craft and equipment which ensures full involvement all of the time i.e. no queuing or waiting around; They are responsible for these items for the week; Children are asked to bring strong foot wear, shorts, t- shirt towel and change of clothes for afterwards. Also, a healthy packed lunch is vital (one treat) as you will be hungry. No junk food/fizzy drinks are allowed - hot orange is provided each day to warm us up! Never arrive before having a good breakfast - energy is required every day!

Kayak Assessment Week

Runs from, 3 - 6 p.m. more suited to teenagers 14 and over, it involves learning techniques, the basics of river running, fast moving water and how to negotiate it competently in a kayak. A more intense and challenging week with an Irish Canoe Union assessment held on the last day. This week would be a prerequisite for anyone wishing to apply for summer work with UpRiver. We are always looking for enthusiastic workers!

Course Leader

Eoin Croffy, Level 3 I.C.U. Instructor

UpRiver.ie are also available for

Group outings, birthdays, team days, canoe safaris, adult lessons or simply a relaxing few hours on the river!



Booking Form

Please include deposit of 25 euro per place

Name _____

Address _____

Date of Birth _____

Email address _____

Phone No. _____

Any medical issues we should be aware of?

Please return this completed form to:
Eoin Croffy, Slieve, Ahascragh,
Ballinasloe, Co. Galway.



week 1: Mon 18th - 22nd July

week 2: Mon 25th - 29th July

week 3: Mon 15th - 19th Aug

10 a.m. - 2 p.m.

Kayak Assesment Week

Tues 7th - Fri 10th June

3pm- 6pm

All Camps take place at the Moycarn Lodge. All Camps cost €135.